

August Birthdays

Madison Shimberg 8/6
Lisa Morris 8/9



It's A Boy!

Congratulations to
Monica Wogbeh!
Baby Mulbah was
born July 26, 2017



Caregiver Spotlight

CNA Maranda Davis is currently featured on the Caregiver Spotlight on our Website!

Check it out!

Alzheimer's care: Simple tips for daily tasks

Schedule wisely. Establish a routine to make each day less agitating and confusing. People with Alzheimer's disease can still learn and follow routines. Often it is best to schedule tasks, such as bathing or medical appointments, when the person is most alert and refreshed. Allow some flexibility within the routine for spontaneous activities.

Take your time. Expect things to take longer than they used to. Allow the person with Alzheimer's disease to have frequent breaks. Schedule more time for tasks so that you don't need to hurry him or her.

- **Involve the person.** Allow them to do as much as possible with the least amount of assistance. For example, people with Alzheimer's disease might be able to set the table with the help of visual cues or dress independently if you lay out clothes in the order they go on.
- **Provide choices.** Fewer options are better but give the person with Alzheimer's disease choices every day. For example, provide two outfits to choose from, ask if he or she prefers a hot or cold beverage, or ask if he or she would rather go for a walk or see a movie.
- **Provide simple instructions.** People with Alzheimer's disease best understand clear, one-step communication.
- **Reduce distractions.** Turn off the TV and minimize other distractions at mealtime and during conversations to make it easier for the person with Alzheimer's disease to focus.

2017 Walk to End Alzheimer's - Charlotte, NC

Take the first step to a world without Alzheimer's.

Saturday, October 28, 2017

I hope you can join our walk team and walk with us. So many of our clients have Alzheimer's or some form of dementia which is why we think it is so important to participate in this event and support the Alzheimer's Association. My Grandpa and Brian's Grandma also had Alzheimer's which is why this is so important to us. You can donate any small amount at all and ask your family and friends to support you! Thanks so much!

Heather

Go to your email from Heather and click on the link provided to register for Carepoint Team. Let's have a record turnout!

JULY

CPR CERTIFICATIONS

Pamuela Avent
Karen Deese
Donna Haggitt
Lisa Johnson
Joann Stevenson
Jacqueline Wreh

PLEASE AND THANK YOU

980-226-5516 980-226-5516 980-226-5516 980-226-5516 980-226-5516

This is the **ONLY** phone number to call after 5 PM and on weekends for all call offs and emergencies. If you get the recording, please leave a message and someone will call you back.
Only one person is on call outside of office hours.